

**GRAND
RAPIDS
BALLET**

SCHOOL

Attila Mosolygo, Director



MOVING WITH PARKINSON'S OPEN HOUSE **TUESDAY, APRIL 17 11:30AM-1PM**

Do you or someone you love have Parkinson's? Are you a doctor, nurse, or other caretaker of a Parkinson's patient?

In support of National Parkinson's Awareness Month in April, **Grand Rapids Ballet** is opening its doors in partnership with **Parkinson's Association of West Michigan** for an open house on **Tuesday, April 17 from 11:30am-1pm** to experience our "Moving with Parkinson's" class.

Dance is an extremely effective therapeutic tool to help those with Parkinson's stay fit both mentally and physically. It also increases confidence and provides an excellent form of social interaction with other Parkinson's patients.

The free open house will provide an excellent opportunity to network with professionals in the industry as well as other patients and community supporters. Guests will take a 45-minute "Moving with Parkinson's" class taught by Grand Rapids Ballet School director, Attila Mosolygo, accompanied by live piano music. There will also be complimentary refreshments.

Register at parkinsonsopenhouse.eventbrite.com.

For more information, call 616.454.4771 or email attilam@grballet.com today.