

Parkinson's Association of West Michigan

"Changing Course"

A special presentation by

Jimmy Choi

American Ninja Warrior, PD Advocate with Cherryl Choi giving a care partner's perspective

Tuesday, April 16th, 2019 at 2:00 pm Prince Conference Center – Calvin College 1800 East Beltline SE, Grand Rapids, MI 49546

Please join us to celebrate Parkinson's Awareness Month

Admission is **FREE** with advance registration. Please register today at <u>www.parkinsonswm.org</u>

Free parking is available, Please enter through the Calvin Campus and follow the signs to the Conference Center

In 2003, 27-year-old Jimmy Choi was diagnosed with early-onset Parkinson's disease. After a scary fall involving his infant son, Jimmy vowed to take back his life, participating in clinical trials and physical research initiatives. Boosting his physical activity had a profound effect on Jimmy's mental health. In 2012, he completed his first 5K, and then later would run the Chicago Marathon as a member of Team Fox. Today he's an MVP Team Fox athlete who has run, cycled, and swam in countless races to raise money for the Michael J. Fox Foundation. In 2017, Jimmy brought his determination into the homes of Americans by participating in American Ninja Warrior Seasons 9 and 10. Jimmy and his family have raised over \$250K towards finding a cure for Parkinson's.

Please contact PAWM at (616) 954-8077 for more information



"I don't move like other runners, cyclists, and I certainly don't move like other ninjas. Yet I try to find ways to defy the odds presented to me. When one road is blocked, **change your course**. You will find a way," - **Jimmy Choi**