

Parkinson's Association of West Michigan

presents a virtual event to commemorate

Parkinson's Awareness Month

Live Your Best

presented by

Tim Hague

Wednesday
April 20th, 2022,
6:30 pm



**Learn how to meet a
challenging life event,
like a diagnosis of
Parkinson's disease,
and still succeed**

Attendance is free. Advance registration required.
To register please visit: www.parkinsonswm.org
Contact PAWM at (616) 954-8077

Tim Hague is an outspoken and effective advocate on behalf of people living with Parkinson's around the world. He is a retired nurse of 20+ years who was diagnosed with Young Onset Parkinson's Disease at the age of 46. After his diagnosis, Tim and his son went on to win the first season of the reality television series, *The Amazing Race Canada*. Tim is the author of *Perseverance: The Seven Skills You Need to Survive, Thrive and Accomplish More Than You Ever Imagined*. Tim is also the founder of the Parkinson's wellness center, **U-Turn Parkinson's** and a cofounder of the global alliance **The PD Avengers**.

To learn more about Tim's work visit:

www.TimSr.ca, www.UTurnParkinsons.org and www.pdavengers.com